



Caring, Successful,  
Happy Learners

# Learning Organiser **RSHE: There's No Place Like Home**

**FS2**

As part of EYFS: Understanding the World, Communication & Language & Personal, social and emotional dev.

## Caring for Myself and Others

**Autumn Term**

British and School Values				Basic Skills (Reading & Communication)	Personal Development Positive mental and physical well being	Wonderful Words (Vocabulary & Quality Texts)	Memorable Experiences
respect	caring	safety	best				

Key Substantive "sticky" Knowledge I know...	Key Disciplinary Knowledge & Skills I can...
<p><b>Physical and mental wellbeing</b></p> <ul style="list-style-type: none"> <li>how to use simple breathing techniques (Using Take 5 programme)</li> <li>the names of different feelings and how to recognise them (happy &amp; sad)</li> <li>things that make me happy</li> <li>some things that make me the same and different to others</li> <li>that exercise and physical activity is important and helps to keep me healthy.</li> <li>the names of some different types of movement and physical exercise</li> </ul> <p><b>Keeping Safe</b></p> <ul style="list-style-type: none"> <li>school is a safe place where I can learn</li> <li>our school values and rules and that they help us to keep safe</li> <li>how to keep safe at school (including what to do if the fire evacuation alarm sounds) &amp; on the way to school</li> <li>it is important to take care of my classroom and school</li> <li>the internet is not always safe.</li> </ul> <p><b>Relationships</b></p> <ul style="list-style-type: none"> <li>the names of people in my family and people who care for me</li> <li>the names of adults in school who help me</li> <li>what to do if I feel sad and who to talk to</li> <li>what bullying is and what to do if I think someone is being bullied/ bullying me</li> </ul> <p><b>School Values: We are kind and caring ways in which I can be caring and kind</b></p>	<ul style="list-style-type: none"> <li>manage my own basic hygiene and personal needs including putting on my coat, dressing, going to the toilet and taking care of my belongings</li> <li>move energetically, such as running, jumping, dancing, hopping, skipping and climbing</li> <li>recognise and name how I am feeling (happy, sad) and begin to recognise how others feel</li> <li>join in small group, class and one to one discussion</li> <li>explain the reasons for rules, know right from wrong and try to behave accordingly</li> <li>use simple language to talk about my family</li> <li>play safely with my friends and begin to take turns with others</li> </ul>

Learning Sequence			
	Substantive knowledge	Disciplinary knowledge objective	Activity
	Take 5 programme ongoing	School Values & rules also through assemblies	
induction	School is a safe place where I can learn Our school values and rules help and that they help to keep us safe	Explain reasons for rules and try and behave accordingly	Discussion as part of induction Agreeing classroom rules
	How to take care of my things, my classroom & school	Manage my own personal needs	Adults modelling Setting expectations & positive rewards
	How to keep safe at school & what to do if the evacuation alarm sounds	Play safely with my friends and evacuate when alarm sounds	Discussion about what to do if the fire alarm sounds
1	Some things that make me the same and different to others		Share the story 'A book of people like me' - discuss similarities and differences
2	How to recognise when people are happy and sad Identify things that make me happy	recognise and name how I am feeling (happy, sad) and begin to recognise how others feel	Show different images of people- how do you think they are feeling? How do you know? Scribe a list of the things that make us feel happy.
3	What to do if I feel sad and who to talk to The names of adults in school who help me		Revisit the school rules- who could you talk to in school to help you?
4	The names of people in my family and people who care for me	Use simple language to talk about my family	Draw a picture of the people in their family- scribe the Names child gives to family members
5	Exercise helps keep me healthy Different types of exercise	Move energetically	Talk about the importance of keeping healthy by exercising before PE sessions

		6	What bullying is and what to do if I think someone is being bullied/ bullying me		Focus during anti-bullying week- revisit what makes a good friend and what to do if someone upsets you.
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Prior Knowledge I remember ....	Wonderful Words Key Vocabulary		Planned Experiences and Enrichment
	Known Vocabulary	New Vocabulary	
		Feelings: happy, unhappy, sad run, jump dance, skip, hop, walk, climb safe rules kind caring bullying The names of familiar adults in my class/ school (teacher, teaching assistant & head teacher) Family, brother, sister, mum, mother, dad, father	Texts: Marvellous Me – Lisa Bullard Meesha Makes Friends – Tom Percival  Induction week Anti bullying week