



Caring, Successful,
Happy Learners

Learning Organiser **RSHE**: Exploring the Wider World

Year 2

Keeping Myself and Others Safe & Living in the Wider World

Summer Term

British and School Values				Basic Skills (Reading & Communication)	Personal Development Positive mental and physical well being	Wonderful Words (Vocabulary & Quality Texts)	Memorable Experiences
respect	caring	safety	best				

Key Substantive “sticky” Knowledge I know...		Key Knowledge & Skills I can...		Learning Sequence			
<p>Physical and mental well being</p> <ul style="list-style-type: none"> how to keep safe in the sun and why it is important to protect my skin what to do if there is an accident or someone is hurt how to get help in an emergency (how to dial 999 and what to say) what medicines (including vaccinations and immunisations) can help people to stay healthy about things that people can put into their body and how these can affect how people feel <p>Relationships (online)</p> <ul style="list-style-type: none"> how the internet and digital devices can be used safely to find things out and communicate with others that not all information seen online is true that sometimes people may behave differently online including pretending to be someone they are not <p>Keeping Safe</p> <ul style="list-style-type: none"> that some household products can be harmful if not used properly how to respond safely to adults I don't know how to respond if physical contact makes me feel uncomfortable or unsafe that some things are private and the importance of respecting privacy: that parts of the body covered by underwear are private there are situations when I should ask for permission and also when my permission should be sought about the importance of not keeping adults secrets (only happy surprises others will find out eventually) basic techniques for resisting pressure to do something I don't want to do which may make me unsafe 		<ul style="list-style-type: none"> talk about the importance of looking after both my physical and mental health recognise and name my feelings and the feelings of others begin to understand that my actions can affect the feelings of others and the actions or words of others can affect the way I feel. <ul style="list-style-type: none"> Follow simple rules to keep myself safe online and not give away any personal information online recognise risk in simple everyday situations and know what action to take to minimise harm <p>School Values:</p> <ul style="list-style-type: none"> Know how to keep myself and others safe demonstrate the school values 		Ongoing learning also through Take 5 programme and assemblies			
				Substantive knowledge To Know:	Disciplinary knowledge objective	Activity	
First Half Term							
Induction	The school values How I can keep myself safe	Show through my actions how I can keep myself & others safe	Revisit school values, with focus on “ We keep ourselves and others safe ” discuss as a class what keeping safe looks like (link to introduction of EMUs)				
1	What being safe means how to keep myself and other safe by following the school rules	Understand that my actions can affect others (mentally and physically)	EMUs: Rules: Class discussion revising school rules and rules and laws in the wider world				
2	How to keep safe in familiar and unfamiliar environments Basic techniques for resisting pressure to do something which may make me unsafe <i>How to keep safe in the sun</i>	Recognise risk and know what action to take to minimise harm	EMUs: Discussion and role play about safe places to play & what to do if I find a dangerous item <i>& discussion and poster about keeping safe in the sun</i>				
3	What to do if someone is hurt and how to get help in an Emergency (I can call the emergency services)	Some household products and equipment can be harmful if not used safely	EMUs: safety at home & calling for help. Discussion & role play				
4			EMUs: fire safety at home Discussion and role play				
Second Half Term							
1 (5)	How to keep safe in familiar and unfamiliar environments	Recognise risk and know what action to take to minimise harm	EMUs: Road and water safety Discussion & activities				
2 (6)	Medicines can help people stay healthy & how they should be used safely. How other things that people put into their body can affect how they feel		EMUs Medicines & drugs Discussion and activities				
3 (7)	How to respond safely to adults I don't know	Who to ask for help and what I should say	EMUs strangers and being lost Discussion and activities				
4 (8)	Know what bullying is and ask for help if I think I am being bullied	Recognise how I am feeling and how others are feeling	EMUs Bullying & avoiding violent situations Discussion & role play				
5 (9)	Not all information seen online is true sometimes people behave differently on line including pretending to be someone they are not	How to use the internet and digital devices safely Follow simple rules to keep safe on line & not give away personal information	EMUs Internet Safety Discussion & activities				

<ul style="list-style-type: none"> • what to do if I feel unsafe or worried for myself or others: who to ask for help and what to say when asking for help • about the importance of keeping trying until I am heard 		6 & 7 (10)	that some things are private and the importance of respecting privacy: that parts of the body covered by underwear are private there are situations when I should ask for permission and also when my permission should be sought how to respond if physical contact makes me feel uncomfortable or unsafe about the importance of not keeping adults secrets (only happy surprises others will find out eventually)	basic techniques for resisting pressure to do something I don't want to do which may make me unsafe what to do if I feel unsafe or worried for myself or others: who to ask for help and what to say when asking for help about the importance of keeping trying until I am heard	EMUs Body Safety Discussion & activities
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Prior Knowledge I remember	Wonderful Words Key Vocabulary		Planned Experiences and Enrichment
Physical and mental well being <ul style="list-style-type: none"> • how to keep safe in the sun and protect my skin form damage • people who help us to stay physically healthy (doctor, nurse, dentist) • what to do if there is an accident in school or at home or someone is hurt Relationships (online) <ul style="list-style-type: none"> • How the internet and digital devices can be used safely to find things out and to communicate with others • That sometimes people may behave differently online including pretending to be someone they are not Keeping Safe <ul style="list-style-type: none"> • The internet is not always safe and to keep safe you need to follow basic rules • Not to give away any personal information online • That some things are private and the importance of respecting privacy: including that parts of the body covered by underwear are private • What to do if I feel unsafe or worried for myself or others: who to ask for help and vocabulary to use when asking for help <p>The school values</p>	Known Vocabulary	New Vocabulary	Text: Education Making Us Safe (EMUs) Outside provider implements 10 week programme
	physical mental health dentist doctor nurse accident help safe private bullying internet online unsafe on purpose respect polite manners values resilience determination	damage drug vaccination medicine secret permission physical contact risk protect	