



British and School Values				Basic Skills (Reading & Communication)	Personal Development Positive mental and physical well being	Wonderful Words (Vocabulary & Quality Texts)	Memorable Experiences
respect	caring	safety	best				

Key Substantive “sticky” Knowledge I know...	Key Knowledge & Skills I can...
<p><b>Physical and mental well being</b></p> <ul style="list-style-type: none"> <li>how to keep safe in the sun and protect my skin from damage</li> <li>people who help us to stay physically healthy (doctor, nurse, dentist)</li> <li>that it is important to look after both my physical and mental health</li> <li>what to do if there is an accident in school or at home or someone is hurt</li> </ul> <p><b>Relationships (online)</b></p> <ul style="list-style-type: none"> <li>How the internet and digital devices can be used safely</li> <li>That sometimes people may behave differently online including pretending to be someone they are not</li> </ul> <p><b>Keeping Safe</b></p> <ul style="list-style-type: none"> <li>How to keep safe near water/ on holiday</li> <li>The internet is not always safe and to keep safe you need to follow basic rules</li> <li>Not to give away any personal information online</li> <li>That some things are private and the importance of respecting privacy: including that parts of the body covered by underwear are private</li> <li>What to do if I feel unsafe or worried for myself or others: who to ask for help and words to use when asking for help</li> </ul> <p><b>School Values: We keep ourselves and others safe</b></p> <ul style="list-style-type: none"> <li>How to keep myself and my friends safe</li> <li>All 4 key values</li> </ul>	<ul style="list-style-type: none"> <li>recognise and name my feelings and the feelings of others</li> <li>begin to understand that my actions can affect the feelings of others and the actions or words of others can affect the way I feel.</li> <li>Talk about how to use the internet safely</li> <li>Recognise what is safe and not safe in simple everyday situations and talk about how to reduce risk</li> <li>demonstrate the school values</li> </ul>

Learning Sequence			
Ongoing learning also through Take 5 programme and assemblies			
	Substantive knowledge To Know:	Disciplinary knowledge	Activity
<b>First Half Term</b>			
Induction	The school values: <b>How to keep myself and my friends safe</b>	Talk about ways I can keep myself safe In school	Revisit school values, focus on “ <b>keeping myself and thers safe</b> ”. Discuss and compile class list of how we can keep ourselves safe. (adult scribe)
1	It is important to look after physical and mental health People who help us stay physically healthy	I can talk about how to stay healthy both physically and mentally	Class discussion and Class/ group mind- map (adult scribe)
2	What to do if there is an accident at school or at home or if someone is hurt		Class discussion & role paly
3	How to keep safe in the sun and protect my skin from damage		Class discussion – collate information for a sun safety poster. Children draw sun safety poster
<b>Second Half Term</b>			
1	How to keep safe near water/ on holiday		Class discussion
2	How the internet and digital devices can be used safely	Talk about how to use the internet safely	Class discussion
3	The internet is not always safe and to keep safe you need to follow basic rules That sometimes people may behave differently online including pretending to be someone they are not	Use basic rules to stay safe on line Not to give away personal information on line	Chicken Clicken storybook Class discussion and group/ class poster “keeping safe on line”
4	That some things are private and the importance of respecting privacy: including that parts of the body covered by underwear are private	What to do/ who to tell	Class discussion storybook
5	What to do if I feel unsafe or worried for myself or others:	who to ask for help and words to use when asking for help	Class discussion

<b>Prior Knowledge</b> <b>I remember ...</b>	<b>Wonderful Words</b> <b>Key Vocabulary</b>		<b>Planned Experiences and</b> <b>Enrichment</b>
<b>Physical and mental wellbeing</b> <ul style="list-style-type: none"> <li>that exercise, physical activity, healthy food choices, good hygiene, sleep and brushing my teeth help to keep me healthy</li> </ul> <b>Relationships</b> <ul style="list-style-type: none"> <li>how to be a good friend</li> <li>to ask for help and tell a trusted adult if someone hurts me or I feel sad or worried</li> <li>what bullying is and that it can happen on line</li> </ul> <b>Keeping Safe</b> <ul style="list-style-type: none"> <li>how to keep safe on line by following simple rules and not giving away personal information</li> <li>how to keep safe in familiar environments</li> <li>I should ask for help and tell a trusted adult if I am worried or feel unsafe</li> <li>parts of the body covered by underwear are private</li> <li><b>School Values: to be Kind and Caring, Do our best &amp; show respect</b></li> </ul>	<b>Known Vocabulary</b>	<b>New Vocabulary</b>	Texts:
	physical health teeth dentist healthy food doctor accident help safe private bullying internet online unsafe on purpose respect polite manners values resilience	Privacy Mental (health)	