



Caring, Successful,
Happy Learners

Learning Organiser **RSHE: Exploring the Wider World**

FS2

As part of EYFS: Understanding the World, Communication & Language & Personal, social and emotional dev.

Keeping Myself and Others Safe & Living in the Wider World

Summer Term

British and School Values				Basic Skills (Reading & Communication)	Personal Development Positive mental and physical well being	Wonderful Words (Vocabulary & Quality Texts)	Memorable Experiences
respect	caring	safety	best				

Key Substantive “sticky” Knowledge I know...	Key Knowledge & Skills I can...
<p>Physical health and mental well being</p> <ul style="list-style-type: none"> how to keep safe in the sun the importance of having enough sleep doctors and nurses help us to keep healthy to get help if there is an accident or someone is hurt that it is important to look after my health (physical and mental) <p>Keeping Safe</p> <ul style="list-style-type: none"> how to keep safe near water/ at the seaside/ on holiday the internet is not always safe and to keep safe you need to follow basic rules not to tell people details about yourself online (Name, school, parents name) different parts of the body and that parts of my body covered by underwear are private I should ask for help and tell a trusted adult if I am worried or feel unsafe <p>School Values : We keep ourselves and others safe:</p> <ul style="list-style-type: none"> how to keep myself and my friends safe <p>all 4 key values</p>	<ul style="list-style-type: none"> show sensitivity to my own and others needs give examples of how to keep physically healthy name/ identify a trusted adult who I can ask for help if I am worried or feel unsafe

Learning Sequence			
Take 5 programme ongoing		School Values & rules also through assemblies	
	Substantive knowledge I know:	Disciplinary knowledge objective	Activity
First Half term			
induction	The school values How I can keep myself and others safe	How to keep safe in school	Discussion Story book “ Keeping safe
	1 Important to look after my health Doctors and nurses help us to keep healthy	Give examples of how to keep healthy Manage my personal needs and basic hygiene	Class discussion Class mind map (adult scribe)
	2 Important to have enough sleep		Class discussion
	3 How to keep safe in the sun		Discussion / role paly Class Poster (example in continuous provision)
	How to keep safe near water/ at the seaside/ on holiday		Class discussion using picture stimulus
Second Half Term			
1	How to get help if someone is hurt		Class discussion / role paly
2	People can be hurt by unkind words and actions To tell an adult if someone hurts me Revise hat bullying is and it can take place anywhere including online	How it makes people feel if someone is unkind (sad, unhappy)	Class discussion
3	The internet is not always safe and how to keep safe on line	Not to tell people details about yourself on line	Class discussion
4	that parts of my body covered by underwear are private I should ask for help and tell a trusted adult if I am worried or feel unsafe	What to do/ who to tell if I am worried or feel unsafe name/ identify a trusted adult who I can ask for help if I am worried or feel unsafe	Class discussion

Prior Knowledge I remember	Wonderful Words Key Vocabulary		Planned Experiences and Enrichment
Physical health and mental wellbeing <ul style="list-style-type: none"> that exercise, physical activity, healthy food choices, good hygiene and brushing my teeth help to keep me healthy Relationships <ul style="list-style-type: none"> How to be a good friend People can be hurt by words and actions To ask for help and tell a trusted adult if someone hurts me or I feel sad or worried What bullying is What respect means Keeping Safe <ul style="list-style-type: none"> how to keep safe in school, at home and in other familiar environments the internet is not always safe our school rules School Values: Kind & caring, Do our Best & Respect	Known Vocabulary	New Vocabulary	Texts: The Koala who could
	Safe help teeth tooth brush dentist healthy healthy food respect friend internet online	sleep hurt private doctor nurse	